



**Orem High School  
Swimming  
Dual Meet Schedule  
2006-2007**

Sept	22-23	Park City Training Trip	3:00 pm
Oct	5	Blue and Gold Meet	1:30 pm
Oct	12-13	UEA Weekend	
Oct	19	Orem @ Skyline	3:30 pm
Oct	27	Orem @ Logan	3:30 pm
Oct	28	Orem @ Weber and Ogden	9:00 am
Oct	31	Strip 1000 Practice	4:00 pm
Nov	10-11	Utah County Invitational @ Orem	8:00 am
Nov	17	Dixie, Snow Canyon, Pineview @ Orem	3:30 pm
Nov	18	Cedar @ Orem	9:00 am
Nov	21	Orem @ Cottonwood	3:30 pm
Nov	28	Orem, East, Judge @ Murray	3:30 pm
Nov	30	Orem @ Provo	3:30 pm
Dec	7	Orem @ Springville / Payson	3:30 pm
Dec	14	Timpview @ Orem	3:30 pm
Dec	19	Bingham @ Orem	3:30 pm
Jan	4	Orem @ Mtn. View (Battle for the Paddle)	5:00 pm
Jan	11	Lehi @ Orem	3:30pm
Jan	20	Region VII Championships @ Lehi High School	TBA
Jan	21	Region VII Championships @ Lehi High School	TBA
Feb	2-3	State 4A Championships at BYU	TBA

**Coaching Staff**

Dan Miller  
Todd Mower

**Principal**

Jane Lindhout

**Vice Principals**

Toby Bullock  
Joel Miller

**Athletic Director**

Dan Miller

**School Colors:** Blue and Gold  
**School Mascot:** Golden Tigers